

Abstract Title Same Day Surgery for Hysterectomy Patient

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Background Historically, hysterectomy patients required an overnight stay. Advances in surgical technology as well as perioperative anesthesia along with extensive pre and post op education have given the hysterectomy patient population the opportunity to discharge home the same day.

Purpose The purpose of this project was to safely decrease the length of stay while increasing patient and family satisfaction by collaborating with the GYN surgeons and anesthesiologists to send hysterectomy patients home the same day.

Strategy Collaborating with PACU staff, GYN surgeons, anesthesiologists, patients and families to design a workflow process that would decrease hysterectomy patients' length of stay while addressing many of the uncertainties and discomforts in their perioperative course. As part of this process, several of the following areas needed to be addressed:

- Careful pre-op selection
- Extensive patient and family education as to the realistic post op expectations
- Open feedback with GYN doctors regarding patient and family experiences
- Anesthesia collaboration regarding perioperative pain management
- Anesthesia collaboration regarding nausea management to start in preop area
- Trial & error regarding post op voiding protocols

Results In 2014 during quarters 1-3, only 4% of all minimally invasive hysterectomy patients were discharged the same day. During the same time frame in 2015, 51% of these same patients were discharged the same day. Within that time frame, the estimated cost savings is \$448,000 region wide.

Conclusion Strong collaboration with several disciplines along with extensive pre and post op teaching to set realistic patient and family expectations has allowed not only for a decreased patient length of stay but an increase in patient and family satisfaction as realistic expectations are set.