

Abstract:Podium

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Title: The Development of an Evidence Based Practice Committee

Background: The journey to form an Evidence Based Practice Committee started in 2010 with the Nursing Research Committee questioning how to bridge the gap between research and practice. They reviewed current research utilization, quality improvement and evidence based practice models available and found one that best fit our mission and values. The Johns Hopkins Nursing Evidence-Based Practice (JHEBP) Model was adopted.

Purpose: The goal of the Evidence-Based Practice Committee is to promote and support nurse competence in evidence-based practice. To educate nursing staff on the JHNEBP model creating a system wide easy to use process for direct care staff to make evidence based changes in nursing practice that improves patient outcomes.

Methods: In 2012 a workgroup was assembled to complete details of merging the nursing Research and Quality of Care committees into an Evidence Based Practice (EBP) committee dedicated to promoting the JHNEBP model. The EBP committee held a retreat 2013 that defined purpose and duties and set the first year's goals. Some of the goals were, create an orientation packet for new members, create SharePoint site, create an educational presentation about JHNEBP model, set up a mentoring system between EBP and Unit Based committees, create a resource guide for research and quality projects that incorporated the JHNEBP model and our hospital's internal quality improvement system.

Results: The completion of resource guide, an orientation packet, mentored one unit based practice change and joined with OHSU's EBP Fellowship program. We spent time educating committee members on the JHNEBP model and learning how to mentor an EBP process.

Conclusion: We have implemented a user friendly resource guide that uses the JHNEBP model and our healthcare systems preferred quality improvement tools. We have also learned many important lessons in setting realistic goals, timelines and the benefits of collaborating with our community partners.