

Tapering off Prilosec

After taking Prilosec twice a day for 9 months to protect your new stomach pouch you can now start to taper off this medication over the next 3 months.

How to taper off Prilosec

- At 9 months post op: take one Prilosec daily x 1 month
- At 10 months post op: take one Prilosec every other day x 1 month
- At 11 months post op: take one Prilosec 2 times a week x 1 month (for example every Tuesday and Friday)
- At 12 months post op: stop

If you start to have upper stomach pain or burning sensation after starting to taper the Prilosec, please call the clinic (503)814-5286.