



Diagnostic Clues to Possible Complicated Grief and Mourning

- Multiple Losses
- Suicidal Threats/Plan
- Radical Changes In Lifestyle
- Lack of Social Support
- Lack of Basic Self-Care
- Disenfranchised Grief Experience
- History of Clinical Depression
- Mode of Death (i.e. suicide, homicide)
- Highly Ambivalent Relationship with Deceased
- Lack of Closure of Some Kind
- Post-Traumatic Stress Disorder (PTSD)
- Litigation
- Substance Abuse
- Sometimes "Parental Bereavement"
- Any Responsibility for Death
- Inability to Express Feelings
- Personality Disorders

Look for normal grief and mourning behaviors that are exaggerated or extreme in *intensity* or *duration*.

